



# Tame the marks of time

Mondorf-les-Bains is a very touristic commune from the south of Luxembourg known for its spa resort with 34 degrees Celsius water and a high concentration in minerals used especially for the treatment of rheumatism, obesity and venous disorders.

TEXT: HARUN OSMANOVIC | PHOTOS: DR GABENISCH

This is where Dr Agnès Gabenisch has held her clinic since 1993, treating venous disorders, helping patients in many ways; her micro-nutrition aimed at optimising the patient's balance in vitamins, minerals and fatty acids, her expertise in aesthetic medicine includes injections, anti-age treatments and laser treatments to name a few. Dr Gabenisch is a polyvalent general practitioner, thermal doctor, nutritionist and phlebologist and she is the originator of a cure for venous ailments. On top of treating varicose veins, Dr Gabenisch is one of the first practitioners to have developed a competency in anti-aging treatments, being at the heart of its conception and pioneering in the field with much success. Today, she is at the forefront of facelift technology offering the patients her skill in thread lifts.

"My approach to health has always been multidisciplinary," explains the doctor, "which has led me on various paths from anti-aging therapy to nutrition or even ultrasound-guided foam sclerotherapy for varicose veins." The latter is a technique which Dr Gabenisch was among the first practitioners to implement and which has now become one of the most effective ways of treating mildly varicose veins. In most cases it allows the patients to avoid surgery.

However, even though phlebology is one of the main focuses of the practice, Dr Gabenisch is able to intervene in other areas and it is her holistic approach to health that allows her to give each patient the ideal treatment. "A lot of our patients are looking for safe ways of taming the marks

of time, it maybe with thread-lift or through other aesthetic interventions that allow the patients to look younger without the unnatural rendering of other techniques. I also use lipolasers and cryolipolysis to reduce fat and 'orange peel' skin with great results," concludes Dr Gabenisch; "the most gratifying for us is seeing a patient's smile after successful treatment."

With top-notch equipment and an expert team, the clinic of Dr Gabenisch is visited by people from all over Europe. If you are in Luxembourg, looking to get back into shape, with her thermal cures and insightful micro-nutrition advice, Dr Gabenisch can put you on the right track and bring your smile back... naturally.

[www.agnes-gabenisch.lu](http://www.agnes-gabenisch.lu)